



## **WELSH OPEN CATEGORIES**

### **FORMS - Under 16 years**

1. Hard style Japanese & Korean patterns under purple Belt
2. Hard Style Japanese & Korean patterns seniors purple belt & above
3. Soft style Chinese forms under purple belt
4. Soft style Chinese forms seniors purple belt & above
5. Creative & weapons all style under purple belt
6. Creative & weapons all style seniors purple belt & above

### **FORMS - ADULTS**

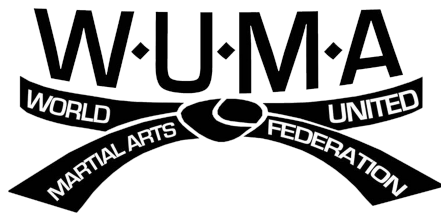
7. Hard style Japanese & Korean patterns under purple Belt
8. Hard Style Japanese & Korean patterns seniors purple belt & above
9. Soft style Chinese forms under purple belt
10. Soft style Chinese forms seniors purple belt & above
11. Creative & weapons all style under purple belt
12. Creative & weapons all style seniors purple belt & above
13. Self Defence Kids & Adults

### **SEMI-CONTACT POINTS - Under 16yrs**

14. All Grades -135 Mixed – Under 1 Year Training
15. All Grades -145 Mixed – Under 1 Year Training
16. All Grades -155 Boys – Under 1 Year Training
17. All Grades +155 Boys – Under 1 Year Training
18. All Grades -155 Girls – Under 1 Year Training
19. All Grades +155 Girls – Under 1 Year Training
20. All Grades -135 Mixed – Over 1 Year Training
21. All Grades -145 Mixed – Over 1 Year Training
22. All Grades -155 Boys – Over 1 Year Training
23. All Grades +155 Boys – Over 1 Year Training
24. All Grades -155 Girls – Over 1 Year Training
25. All Grades +155 Girls – Over 1 Year Training

### **LIGHT CONTACT CONTINUOUS - Under 16yrs**

26. All Grades -135 Mixed – Under 1 Year Training
27. All Grades -145 Mixed – Under 1 Year Training
28. All Grades -155 Boys – Under 1 Year Training
29. All Grades +155 Boys – Under 1 Year Training
30. All Grades -155 Girls – Under 1 Year Training
31. All Grades +155 Girls – Under 1 Year Training
32. All Grades -135 Mixed – Over 1 Year Training
33. All Grades -145 Mixed – Over 1 Year Training
34. All Grades -155 Boys – Over 1 Year Training
35. All Grades +155 Boys – Over 1 Year Training
36. All Grades -155 Girls – Over 1 Year Training



37. All Grades +155 Girls – Over 1 Year Training

**LIGHT CONTACT BOXING - Under 16yrs**

- 38. All Grades -135 Mixed – Under 1 Year Training
- 39. All Grades -145 Mixed – Under 1 Year Training
- 40. All Grades -155 Boys – Under 1 Year Training
- 41. All Grades +155 Boys – Under 1 Year Training
- 42. All Grades -155 Girls – Under 1 Year Training
- 43. All Grades +155 Girls – Under 1 Year Training
- 44. All Grades -135 Mixed – Over 1 Year Training
- 45. All Grades -145 Mixed – Over 1 Year Training
- 46. All Grades -155 Boys – Over 1 Year Training
- 47. All Grades +155 Boys – Over 1 Year Training
- 48. All Grades -155 Girls – Over 1 Year Training
- 49. All Grades +155 Girls – Over 1 Year Training

**SEMI-CONTACT POINTS - LADIES**

- 50. Novice & intermediate open weight (-2 years training)
- 51. Advanced -62kg
- 52. Advanced +62kg

**LIGHT CONTACT CONTINUOUS - LADIES**

- 53. All grades -62kg
- 54. All grades +62kg

**LIGHT CONTACT BOXING - LADIES**

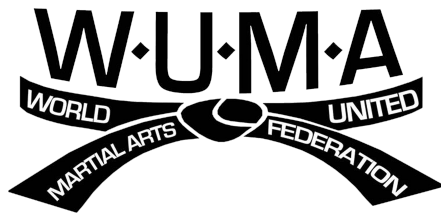
- 55. All grades -62kg
- 56. All grades +62kg

**SEMI-CONTACT POINTS - MENS**

- 57. Novice & intermediate -75kg (-2 years training)
- 58. Novice & intermediate +75kg (-2 years training)
- 59. All grades -65kg
- 60. All grades -75kg
- 61. All grades -85kg
- 62. All grades +85kg

**LIGHT CONTACT CONTINUOUS - MENS**

- 63. Novice & intermediate -75kg (-2 years training)
- 64. Novice & intermediate +75kg (-2 years training)
- 65. All grades -65kg
- 66. All grades -75kg
- 67. All grades -85kg



68. All grades +85kg

#### **LIGHT CONTACT BOXING - MENS**

69. Novice & intermediate -75kg (-2 years training)

70. Novice & intermediate +75kg (-2 years training)

71. All grades -65kg

72. All grades -75kg

73. All grades -85kg

74. All grades +85kg

#### **PANKRATION (STIKE & GRAPPLE)**

75. Strike and grapple boys (weights to be matched on the day)

76. Strike and grapple ladies (weights to be matched on the day)

77. Strike and grapple men (weights to be matched on the day)

#### **GI GRAPPLING**

78. Mens novice (weights to be matched on the day)

79. Mens intermediate (weights to be matched on the day)

80. Mens Senior (weights to be matched on the day)